

# Public Speaking

## Name of the organisation

Felobel

## Website of the organisation

<https://felobel.be/>

## Location of the organisation

Boulevard Lambermont 55, 1030 Brussels, Belgium

## E-mail address of the organisation

[network@felobel.be](mailto:network@felobel.be)

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## Good practice aspect(s)/themes of youth work

- Non-formal education/-learning
- Active citizenship/activism
- Arts and culture
- Competence development of youth workers

## Good practice category

A practice of processes and methods

## Good practice aim & purpose

Felobel, the Public Speaking Federation of Belgium, aim to make public speaking more accessible for the youth by developing training programs and various types of events to spread keys, insights, tips and tricks. Through public speaking we activate young people to think about ideas, dilemmas, hot topics, to learn how to effectively build their opinion and a speech, how to communicate it and impact their audience in order to generate a positive shift in their ecosystem. The first step is to feel confident enough to speak. Public speaking is a journey leading to youth empowerment, active citizenship and dynamic democracy where the next generation is trained and sparked to participate.

As a Federation we aim to build bridges between all the organizations linked to youth empowerment, communication and self-confidence and awareness, youth participation and democracy. We have developed a network in Belgium, and we represent our ecosystem to the institutions and Government's initiatives. We are also developing a worldwide network through our delegation project, to meet other organizations and individuals practicing the public speaking in a citizenship approach. We already met organizations from France, Italy, and Morocco. We went visiting them, and we welcome them in Belgium too.

### **Good practice description**

Our good practice is an initiation to public speaking, the main axes and key elements we should learn to be confident and impactful. We built a methodology based on practice, improvisation, situation scenarios and feedback.

The second part of the good practice is to explain how to give that kind of workshop, the structure and elements that are behind in order to ensure a safe space for the young participants, and effective results.

### **Good practice result & concrete effects**

We can divide this good practice into several training sessions, each session with its specific topic (emotions, interpretation, improvisation, storytelling, debate, pitch, and so on)

Each session has its own structure, exercises, and objectives.

At the end of a training, the main outputs are about the self-confidence of young people able to raise their voices, the practical use they are now able to use for each part of public speaking, the improvements they have made in their impactful way of sharing ideas.

### **Good practice chapter of the European Charter on Local Youth Work**

Quality development