

# Social inclusion

## Name of the organisation

D'Broej vzw

## Website of the organisation

[www.dbroej.be](http://www.dbroej.be)

## Location of the organisation

Henegouwenkaai 29/6, 1080 Sint-Jans-Molenbeek, Belgium

## E-mail address of the organisation

[info@dbroej.be](mailto:info@dbroej.be)

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## Good practice aspect(s)/themes of youth work

- Inclusion
- Non-formal education/-learning
- Discrimination
- Sustainable development

## Good practice category

A practice of processes and methods

## Good practice aim & purpose

We endeavor to re-engage young individuals who have gradually disengaged and lost connection with themselves and society, reintegrating them into the community. Our efforts include helping them rediscover their self-worth and assisting them in orienting themselves within society. This process is accompanied by an action plan (see the next point) guiding them towards education, school, or employment.

Our approach involves a method with thorough follow-up. Young people in these situations often lack essential skills; therefore, we adopt a flexible stance, providing them ample space to navigate challenges, learn, and grow.

One of our projects is "Overkop." This initiative has already been implemented in three locations and is slated for further expansion in the near future. Through a well-being and leisure-oriented approach, we assist young individuals in their journey towards employment, among other objectives. The project targets individuals aged up to 30, and our strategic position facilitates collaborations with traditional welfare partners such as JAC, CAW, and Sonja RTJ.

In addition, there is "Animavontuur," which involves drawing young people out of their familiar environment, the stimulating Brussels, offering them space to step back and gain perspective.

### **Good practice description**

We actively seek out young individuals, and they may also come to us through various channels. Extensive outreach efforts are required, as these young people are not always easily reachable. Throughout the time spent with the youth, we strive to build a trusting relationship. We engage in reflective discussions about their lives and apply tailored coaching where necessary. This process is carried out gradually, for instance, by initiating their involvement in voluntary or holiday work.

In the context of “Animavontuur,” we purposefully remove the young person from their familiar surroundings, often the bustling city of Brussels. By taking them away from their comfort zone, they are afforded the opportunity to gain perspective and engage in self-reflection. In the natural environment, the youth encounters different challenges, necessitating a reliance on themselves. This approach brings us closer to the core of the individual.

### **Good practice result & concrete effects**

One of the outcomes is that young individuals receive ongoing support and are no longer left to navigate their challenges in isolation. A foundation of trust is established, empowering the youth to regain the confidence to take control of their lives. As a result, their self-esteem is restored, they assume ownership of their existence, and they become capable of assuming increased responsibility. This preventive measure ensures that young individuals do not regress, maintaining their mental and physical well-being. They rediscover structure in their lives, and this positive impact unfolds across all aspects of their existence.

### **Good practice chapter of the European Charter on Local Youth Work**

Organisation and practice